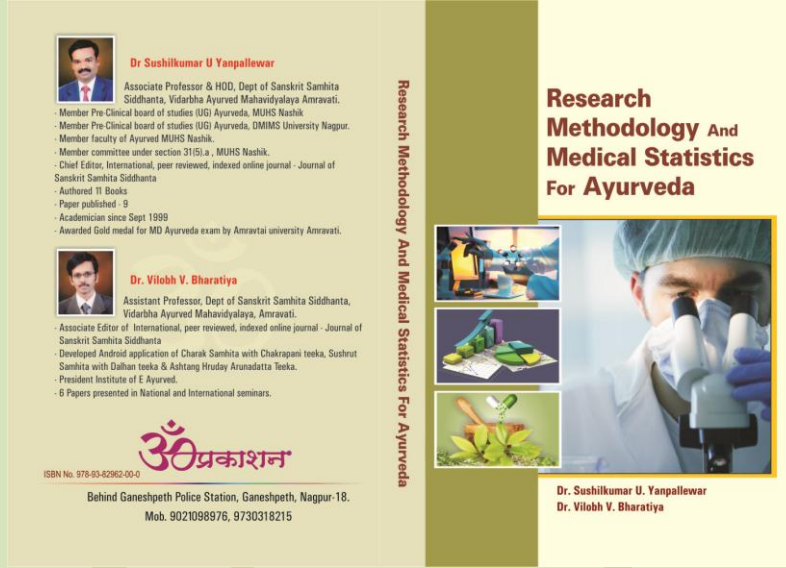


Book Review

Research Methodology and Medical Statistics for Ayurveda

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Book title- Research Methodology and Medical Statistics for Ayurveda

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This Book By Yanpallewar, Sushil And Bhartiya, Vilobh is a first ever book published of this kind. This publication is a quite timely publication, as such subject was newly introduced subject to undergraduate courses of Ayurveda by CCIM and MUHS Nashik and there was no other publication available solely on this subject.

The text is significant as a resource of study material for new comers in the field of research in Ayurveda and also found useful to design different studies in the field of clinical research related to Ayurvedic sciences. In many ways the book may inspire students of undergraduate and post graduate course of Ayurveda as well as Ayurvedic



practitioners also. i.e., to consider ways of different methods of management of disease with the help of Data mining techniques explained in the book, to consider different research techniques specially designed for clinical research in Ayurvedic sciences, to know different legal aspects and guidelines of clinical research published by different authorities, to solve unexpected problems occurred during ongoing research project, to know different helping agencies and data sources in this field or speciality etc.

The text consists of 27 chapters covering all the scope of the syllabus introduced by CCIM to undergraduate courses of Ayurveda as well as most of the theoretical information about the subject in post graduate courses of Ayurveda also. Dealing with very important and foremost attentive part of the subject i.e, ancient methodologies of research and statistical analysis developed and followed by different Ayurvedic scientists and its significance in today's research. Structurally the chapters come in full circle i.e, starts with text related historical methods of research and ends with modern techniques used for updating knowledge and its practical application in day to day practice.

In my reading the book succeeds in attracting readers by giving short forms and its elaboration related to topic of syllabus itself i.e, AIMS of research is elaborated with the help of arrangement of words describing contents of the topic viz, designing AIMS of the study is described

by aims should be A- Achievable, I- Interrelated to objects ,M- meaningful, S- listed at Start point.Near about all the syllabus ponis are shortformed and elaborated in nice and appropriate words so as it will be easy and interesting to learn by students. Some of the difficult tasks like biomedical ethics are also described according to its spelling is a very difficult task successfully developed and completed by authors. What is particularly useful are the clear descriptions of the words and how they explain research methodology. This is very much essential for those who are going to face exams in a short period of time.

This is the strength of the text ,that it can be used as basis to problematise methodologies on the level of philosophical assumptions, to expose the limitations and dominance of western traditions of research and to open up space for indigenous knowledge and practice of Ayurveda. It will hopefully encourage researchers and evaluators to problematise the issues of sameness of othering, of objectifying the researched. This is also about research ethics and considerations of ethics especially in this field.

Both the authors brings voice to Ayurvedic community of researchers who have much to offer of their rich cultural and scientific medicinal heritage and expertise in research methodology . Both of them successfully provides integration of ancient research methods and there modern counterpart in many contexts I would recommend this book to anyone who is working in research in the field of Ayurveda.